\$0 PCP, Mental Health, Labs, Generics

Coverage for: Individual + Family | Plan Type: HMO

Coverage Period: 01/01/2024-12/31/2024

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.tarohealth.com or call us at 1-833-928-0569. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:	
What is the overall deductible?	\$7,550 Individual or \$15,100 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your deductible?	Yes. Primary Care, <u>Specialist</u> visits, <u>Urgent Care</u> , Mental Health visit, Hab/Rehab, Chiro, Labs, <u>Diagnostic tests</u> , <u>Preventive Care</u> , Advanced Imaging, Tier 1 and Tier 2 Drugs	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.	
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.	
What is the out-of-pocket limit for this plan?	\$9,000 Individual or \$18,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the out-of-pocket limit?	Premiums, balance billing and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.tarohealth.com or call 1-833-928-0569 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use a <u>non-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use a <u>non-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.	
Do you need a <u>referral</u>	No.	You can see the specialist you choose without a referral.	

Important Questions	Answers	Why This Matters:
to see a specialist?		

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	No Charge; <u>Deductible</u> does not apply	Not covered	All primary care services (with the exception of OB/GYN and Pediatrician) must be provided by a Network Direct Primary Care provider.	
If you visit a health care provider's office or clinic	Specialist visit	Up to \$150 copay; Deductible does not apply	Not covered	None	
	Preventive care/screening/ immunization	No Charge; <u>Deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for	
If you have a test	Diagnostic test (x-ray, blood work)	\$200 copay (x-ray)/No Charge (labs); Deductible does not apply	Not covered	Cost-sharing driven by provider/setting	
	Imaging (CT/PET scans, MRIs)	\$450 copay; <u>Deductible</u> does not apply	Not covered	Preauthorization is required	
	Generic drugs	No Charge; <u>Deductible</u> does not apply	Not covered	Up to 30-day supply Retail and up to 90-day supply Retail & Mail Order, except narcotics	
If you need drugs to treat your illness or condition	Preferred brand drugs	\$160 copay; <u>Deductible</u> does not apply	Not covered	and Specialty Drugs. Insulin will not exceed \$30 for a 30-day supply and \$90 for a 90-day	
More information about prescription drug	Non-preferred brand drugs	No charge after deductible	Not covered	supply. <u>Preauthorization</u> / step therapy may be required	
coverage is available at www.tarohealth.com/	Specialty drugs	No charge after deductible	Not covered	Limited to a 30-day supply. <u>Preauthorization</u> /step therapy may be required. If you don't get <u>preauthorization</u> payment may be denied	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at www.tarohealth.com.

		What You Will Pay		Limitations Exceptions & Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge after deductible	Not covered	Preauthorization may be required
surgery	Physician/surgeon fees	No charge after deductible	Not covered	Preauthorization may be required
	Emergency room care	No charge after deductible	No charge after deductible	Non-Network Emergency Room services are covered if the services are for an emergency condition
If you need immediate medical attention	Emergency medical transportation	No charge after deductible	No charge after deductible	Emergency Transportation services by a Non-Network provider are covered if the services are for an emergency condition
	<u>Urgent care</u>	\$100 copay/visit; <u>Deductible</u> does not apply	\$100 copay/visit; Deductible does not apply	When temporarily out of the Service Area, Non-Network Urgent Care services are covered.
If you have a hospital	Facility fee (e.g., hospital room)	No charge after deductible	Not covered	Preauthorization is required
stay	Physician/surgeon fees	No charge after deductible	Not covered	Preauthorization is required
If you need mental health, behavioral	Outpatient services	No charge; <u>Deductible</u> does not apply	Not covered	Preauthorization may be required for outpatient non-office services
health, or substance abuse services	Inpatient services	No charge after deductible	Not covered	Preauthorization is required
	Office visits	Up to \$150 copay; <u>Deductible</u> does not apply	Not covered	Cost sharing does not apply for preventive services. Depending on the type of services,
If you are pregnant	Childbirth/delivery professional services	No charge after deductible	Not covered	a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include test and services described elsewhere in the
	Childbirth/delivery facility services	No charge after deductible	Not covered	SBC (i.e., ultrasound)
If you need help recovering or have other special health needs	Home health care	No charge after deductible	Not covered	30 Visits per Benefit Period. Limit does not apply to Private Duty Nursing; Private Duty Nursing is limited to 85 visits per Benefit Period. <u>Preauthorization</u> is required

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		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information	
	Rehabilitation services	\$150 copay; <u>Deductible</u> does not apply	Not covered	Limited to 30 Visits per Benefit Period, combined. Visit limits do not apply to the	
	Habilitation services	\$150 copay; <u>Deductible</u> does not apply	Not covered	treatment of Autism Spectrum Disorder	
	Skilled nursing care	No charge after deductible	Not covered	30 Days per Benefit Period. <u>Preauthorization</u> is required	
	Durable medical equipment	No charge after deductible	Not covered	Preauthorization may be required	
	Hospice services	No charge after deductible	Not covered	Preauthorization is required	
If you shild woods	Children's eye exam	No charge; <u>Deductible</u> does not apply	Not covered	Limited to one exam per Benefit Period	
If your child needs dental or eye care	Children's glasses	No charge; <u>Deductible</u> does not apply	Not covered	Limited to one prescribed lenses and frames per Benefit Period.	
	Children's dental check-up	Not Covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery

- Dental Care (Adult)
- Infertility Treatment
- Long-Term Care
- Non-emergency care when traveling outside the U.S.

- Routine Eye Care (Adult)
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion (to save the life of the pregnant woman)
- Chiropractic Care (subject to hab/rehab limits)
- Hearing Aids (1 hearing aid per ear every 48 months up to last day of month child turns 19)
- Private Duty Nursing (85 visits per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Oklahoma Insurance Department, 400 NE 50th Street, Oklahoma City, OK 73105 at 800-522-0071 or https://www.oid.ok.gov, or contact Taro at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the healthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or

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assistance, contact: https://www.oid.ok.gov.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-928-0569.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$7,550
Specialist copayment	\$150
Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost

\$7,550
\$300
\$0
\$60
\$7,910

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall deductible	\$7,550
Specialist copayment	\$150
Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$800
Copayments	\$700
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,520

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$7,550
Specialist copayment	\$150
■ Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,000	
Copayments	\$800	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	

The plan would be responsible for the other costs of these EXAMPLE covered services.

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